

2017 Summer Speed and Agility Camp

Ages: 8-16
Cost: \$75 - Register no later than June 15th.
 Checks payable to: MSCS (Mona Shores Community Services)
Dates: June 19, 20, 21, 22 (Monday to Thursday)
Times: 9:00-11:00 AM
Location: Mona Shores High School - Check in at Sailor Center entrance
 Rain days will be indoors

Youth Speed, Agility and Core Strength to help young athletes learn the fundamentals of running mechanics, agility and multi-directional movements. Skills and drills to help you become the best you can be! Learn the big and little things that help you become smarter, faster and stronger. Learn the correct drills early on so you develop year after year! This camp is ideal for all ability levels. Increase athleticism and improve agility!
 Play better and have more success on the field!

Please observe the June 15th deadline in order to allow sufficient time to order supplies, etc. If you have missed the deadline, please call (231) 780-4748 to check for openings. If you cancel prior to the start of activity, a refund (less a \$10 non-refundable fee) will be issued. Refunds will not be made after the first day of activity or due to inclement weather.

Complete this registration form and return to Mona Shores Community Services no later than June 15th. You may mail, fax, drop off or email a picture/scan of the completed registration to smithc@monashores.net



2017 Summer Speed & Agility Camp Registration

Mona Shores Community Services - 121 Randall Rd - 49441
 (231)780-4748 Fax (231) 798-8741

Name: _____ **School:** _____

Grade this fall: _____ **Age:** _____ **Date of Birth:** _____

Sport Emphasis: _____

Parent Name: _____

Address: _____

Phone: _____ **Cell:** _____

Email Address: _____

Emergency Contact: _____

Any Allergies or Health Problems? _____

Shirt Size (select one): Youth: M L Adult: S M L

Credit Card **Cash** **Check** **Check #** _____

For Credit Card Use Only:

*I authorize Mona Shores Community Services to charge by credit card.
 All information provided remains confidential.*

Signature: _____ Date: _____

Amount: _____ Zip Code: _____ 3 digit code: _____

Please charge my: Visa MC Expiration Date: _____

Card #:

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Please Sign Below!
 On condition of this registration form being accepted, I hereby state that my child is in a state of good health and I assume all risks associated with participating in this activity. Having read this waiver, I, for myself, my child and anyone entitled to act on our behalf, waive and release Mona Shores Community Services and Mona Shores Schools and any other agents from all claims of liabilities of any kind arising out of my child's participation in this activity.

Signature of Parent

I have read and completed the Concussion Awareness Form: